

Musical Cans

just for kids

Teaching Objective:

To help children understand how to make their own music with everyday objects (including objects from your food storage!)

Items Needed:

- Water
- 3-4 #10 Canning Jars
- 2-3 Glass Jars
- Stick/Utensil
- Grains
- 1 #10 Can Lid

Activity Description:

1. Ask your children what is their favorite song. Have them hum the song to you.
2. Ask them if they think they can make their own music using everyday objects like #10 canning jars, grain, and water.
3. Have your children fill up the #10 cans with water at different levels. Have them do the same thing with the glass jars.
4. Tap the side of each jar with a stick/utensil and see the different sound that the jar makes. Try mimicking the sound of their favorite song.
5. Tell them another instrument we can use is to put some grain from the food storage into a #10 can, and close it with a lid. Shake around the can, and see what sound it makes.
6. Now that you have some instruments, try making up a song about all the different items you have in your food storage!

You will be amazed at how much fun it is just to play with everyday food storage items!!