

the fun with food storage network

fun with food storage... upcoming news



Coming Soon! Our first installment of teaching helps is on it's way! The teaching helps will help you teach children, families, and your community more about the benefits of food storage and how it can and should fit into your everyday life. Click **HERE** to add our "Latest News" button to your blog so you don't miss when they are available!



Webisode: Click **HERE** if you missed our latest webisode on Gardening. Jodi interviewed Emily from the blog My Square Foot Garden, plus Andrea and Shauntell teach us how to make DELICIOUS fresh salsa from garden ingredients, click **HERE** for the recipe!

NEW!
sponsor

Doux Soleil



It's important to remember to include multi-vitamins, prescription medications, over-the-counter medications and other first-aid items

as part of your non-food storage program. Doux Soleil provides an entirely new and revolutionary approach to providing vital health aid for your family.

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Extra Hand Sanitizers to protect your family if stores run out

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Expires: June 9, 2009

food storage made easy... planning tip



with Jodi & Julie

With camping season here, now is a good time to make sure you have your emergency preparedness supplies purchased. A lot of Disaster Kit items happen to be camping-type items that aren't as easy to find off season. Last summer we purchased water jugs at Wal-Mart during camping season. Make sure to store water in "FOOD GRADE" or PETE plastic containers (stay away from milk jugs, but soda bottles are suitable).

plan it

www.foodstoragemadeeasy.NET

the food storage shopper... saving money tip



with Andrea

Summer is close I can smell BBQ's cooking! Don't pay full price for your meat! Make sure that you are checking your local ads and STOCK up on chicken, hamburger, hot dogs, etc... when it goes on sale. Meat can really add up if you are paying full price for it. Also check your local ads for deals on soda, chips, and condiments - stock up now - so you won't have to run to the grocery store when you need to bring something to a party.

buy it

www.thefoodstorageshopper.NET

everyday food storage... kitchen tip



with Crystal

It's getting HOT! Who want's to be slaving away in a HOT kitchen? Now is the perfect time to start practicing cooking with alternative heat sources. Fire up your charcoal grill, look into a solar oven, cook in a dutch oven, or over an open fire at a fire approved campsite (even if it is just smores :). Now is a great time to practice how you would cook with out power or gas. Have fun and eat well!

eat it

www.everydayfoodstorage.NET

for more fun with food storage visit www.funwithfoodstorage.NET